



## What Pride means to me

This is a transcript of text in the video titled "Pride Video 2022".

Pride is the feeling I experience when I see the very visible support for the LGBTQIA+ community.

It is also a reminder to do more to overcome the prejudices affecting our community.

Pride is a wonderful time of year to celebrate and recognise the full diversity of the LGBTQIA+ community.

Pride is a colourful and joyful time of year, which celebrates and embraces everyone, irrespective of gender and sexuality.

To me, as a parent, Pride is about creating inclusive workplaces for future generations.

As a mental health employee champion, to me, Pride is about everyone being able to express themselves safely and to support each other.

To me, Pride means showing my support as an LGBTQIA+ ally and celebrating the progress that has been made in the community. It's both a celebration of inclusivity and a real reminder of the hard work, dedication and struggles that have taken place to get us to where we are today.

Pride is living openly and being proud to be yourself, hopefully encouraging others to live their lives openly as well.

To me, I guess Pride means being comfortable with who you are and exuding that wherever you go and in whatever you do.

Pride is about creating a space where everyone can feel safe and celebrate who they are.

Pride for me is about knowing yourself, about your colleagues, knowing you about bringing your whole self to work so that all of us can work together on our singular, constant and predominant aim, the welfare of the people as a whole.